

# Social Emotional Competence Scale

Student's name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Gender \_\_\_\_\_ Race/Ethnicity: \_\_\_\_\_

Grade level: \_\_\_\_\_ Teacher: \_\_\_\_\_ School year 20\_\_ - 20\_\_

## Part 1

Use this scale at the beginning and the end of the school year to assess how often this child exhibits each behavior listed below compared to other students of the same grade level and gender:

0= ALMOST NEVER 1=RARELY 2=SOMETIMES 3=OFTEN 4=VERY OFTEN 5=ALMOST ALWAYS

A. Aggression/disruptive behavior	Beginning of school year	End of school year	Total change
1. Takes others' property	_____	_____	_____
2. Yells at others during conflicts	_____	_____	_____
3. Fights	_____	_____	_____
4. Is stubborn	_____	_____	_____
5. Loses temper when there is a disagreement	_____	_____	_____
6. Lies	_____	_____	_____
7. Breaks classroom rules	_____	_____	_____
8. Teases classmates	_____	_____	_____
9. Harms others	_____	_____	_____
10. Easily irritated when he/she has trouble with some task (reading, math, etc.)	_____	_____	_____
11. Is disliked by classmates	_____	_____	_____
12. Rejects limits set by adults	_____	_____	_____
13. Stays excited or upset	_____	_____	_____
14. Handles disagreements in a negative way	_____	_____	_____
15. Gets angry when provoked by other children	_____	_____	_____
	<hr/> <b>Average score</b>	<hr/> <b>Average score</b>	<hr/> <b>Average change in score</b>

**B. Concentration/attention**

	Beginning of school year	End of school year	Total change
16. Works hard	_____	_____	_____
17. Works through distractions	_____	_____	_____
18. Concentrates	_____	_____	_____
19. Stays on task	_____	_____	_____
20. Pays attention	_____	_____	_____
21. Maintains focus	_____	_____	_____
22. Performs at grade level	_____	_____	_____
	<hr/> <b>Average score</b>	<hr/> <b>Average score</b>	<hr/> <b>Average change in score</b>

**C. Emotional competence**

23. Feels at ease to talk to you	_____	_____	_____
24. Shows empathy and compassion for others' feelings	_____	_____	_____
25. Is liked by classmates	_____	_____	_____
26. Provides helps, shares materials, and acts cooperatively with others	_____	_____	_____
27. Takes turns, plays fair, and follows rules of the games	_____	_____	_____
28. Listens carefully to others	_____	_____	_____
29. Initiates interactions and joins in with others in a positive manner	_____	_____	_____
30. Recognizes and labels his/her feelings and those of others appropriately	_____	_____	_____
	<hr/> <b>Average score</b>	<hr/> <b>Average score</b>	<hr/> <b>Average change in score</b>

## B. Concentration/attention

- 16. Works hard \_\_\_\_\_
- 17. Works through distractions \_\_\_\_\_
- 18. Concentrates \_\_\_\_\_
- 19. Stays on task \_\_\_\_\_
- 20. Pays attention \_\_\_\_\_
- 21. Maintains focus \_\_\_\_\_
- 22. Performs at grade level \_\_\_\_\_

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Average  
score

## C. Emotional competence

- 23. Feels at ease to talk to you \_\_\_\_\_
- 24. Shows empathy and compassion for others' feelings \_\_\_\_\_
- 25. Is liked by classmates \_\_\_\_\_
- 26. Provides help, shares materials, and acts cooperatively with others \_\_\_\_\_
- 27. Takes turns, plays fair, and follows rules of the games \_\_\_\_\_
- 28. Listens carefully to others \_\_\_\_\_
- 29. Initiates interactions and joins in with others in a positive manner \_\_\_\_\_
- 30. Recognizes and labels his/hers feelings and those of others appropriately \_\_\_\_\_

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Average  
score

## Part 2

Use this scale at the end of the school year to help you describe how much a child's behavior has change since the beginning of the school year.

0=MUCH WORSE 1=SOMEWHAT WORSE 2=A LITTLE WORSE 3=NO CHANGE  
4=A LITTLE IMPROVED 5=SOMEWHAT IMPROVED 6=MUCH IMPROVED

Write the number in the space provided in the appropriate column.

### A. Aggression/disruptive behavior

1. Takes others' property \_\_\_\_\_
2. Yells at others during conflicts \_\_\_\_\_
3. Fights \_\_\_\_\_
4. Is stubborn \_\_\_\_\_
5. Loses temper when there is a disagreement \_\_\_\_\_
6. Lies \_\_\_\_\_
7. Breaks classroom rules \_\_\_\_\_
8. Teases classmates \_\_\_\_\_
9. Harms others \_\_\_\_\_
10. Easily irritated when he/she has trouble with some task (reading, math, etc.) \_\_\_\_\_
11. Is disliked by classmates \_\_\_\_\_
12. Rejects limits set by adults \_\_\_\_\_
13. Stays excited or upset \_\_\_\_\_
14. Handles disagreements in a negative way \_\_\_\_\_
15. Gets angry when provoked by other children \_\_\_\_\_

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Average  
score