

Changemakers

KINDERGARTEN SUPPLY LIST

THEME 1: SAFE RELATIONSHIPS

UNIT 1. *Setting the Stage*

- Chart paper
- Camera to take student pictures
- Painters tape
- Small brown paper bags (one per student)
- Large hand mirror (one per class)
- Small hand mirror (one per pair of students)
- Pocket chart for classroom jobs
- Clothespins (one per student)
- Binder ring (one per class)
- *String (optional)*

THEME 2: SELF-REGULATION

UNIT 2. *The Brain*

- Chart paper
- Settle Your Glitter Journal (one journal per student)

UNIT 3. *Breath*

- Balloons (two per class)
- Beanie babies or bean bags (one per student)
- Small jars (one per student)
- Glitter glue
- Loose glitter
- Chime (one per class)
- *Hoberman sphere (optional)*

UNIT 4. *Feelings*

- Playdough
- Markers, crayons

UNIT 5. Body

- Chart paper
- Plastic eggs (24 per class)
- Small objects- beans, beads, sand, rice, cotton balls, etc

UNIT 6. Impulse Control

- Chart paper
- Paper circles (10-12 per class)
- Bubbles (one bottle per class)

THEME 3: AWARENESS OF SELF

UNIT 7. Gratitude

- Chart paper
- Small dry erase boards (one per student)
- Dry erase markers (one per student)
- Sentence strips (four per class)
- Gift bag (one per class)

UNIT 8. Optimism

- Empty tissue or shoe box (one per class)
- Glue
- Tape
- Scissors
- Arts & Craft materials- beads, ribbon, feathers, craft sticks, cotton balls, colored paper, etc

UNIT 9. Grit

- Chart paper
- Pointer (one per class)
- Sentence strips (30 per class)

UNIT 10. Resilience

- Chart paper
- Tape

THEME 4: UNDERSTANDING OTHERS

UNIT 11. Perspective Taking

- Empty tissue or shoe box (one per class)
- Objects to put inside box- toothpick, stuffed animal, q tip, fork, sock, etc
- Glue
- Scissors
- Craft sticks

UNIT 12. Empathy

- Sticky notes

THEME 5: CHANGEMAKER

UNIT 13. Kindness

- Chart paper
- Plastic buckets (two per class)
- Plastic shovel (one per class)
- Markers, crayons
- Sentence strips (two per student)
- Glue
- Tape

UNIT 14. Compassion - Service Learning Project

- *Paint (optional)*
- *Cardstock (optional)*
- *Ribbon (optional)*
- *Photos of school staff (optional)*
- *Cardboard boxes (optional)*

UNIT 15. Hope

- Markers, crayons
- Glue
- Construction paper
- Hula Hoops (3 per class)