

Settle Your Glitter

PRE•K3 SUPPLY LIST

THEME 1: SAFE RELATIONSHIPS

UNIT 1. *Setting the Stage*

- Small picture of both classroom teachers (one per child)
- Small Paper Bags (one per child)
- Camera to take student photos (will need one photo of each child)
- Schedule with pictures
- Pocket chart for classroom jobs
- Clothespins (one per child)

THEME 2: SELF-REGULATION

UNIT 2. *The Brain*

- Cotton Balls
- Crayons
- Beads
- Buttons

UNIT 3. *Breath*

- Beanie babies or bean bags (one per child)
- Basket
- Pick Two of the Following:
 - Glitter Ball
 - Mirror
 - Stress Ball
 - Slinky
 - Loofah
 - Kaleidoscope
 - Putty

UNIT 4. Feelings

- Camera to take photos of children
- Poster board (one per class)
- Glue sticks (one per child)
- Mirror

UNIT 5. Body

- Hula hoop (one per class)
- Bean bags (one per child)
- Teddy Bear

UNIT 6. Impulse Control

- CD Player or Computer

THEME 3: AWARENESS OF SELF

UNIT 7. Gratitude

- Chart paper
- Picture of a quilt or real quilt
- 6x6 paper squares (enough for class quilt)

UNIT 8. Optimism

- Chart paper

UNIT 9. Grit

- Chart paper
- Markers, crayons

UNIT 10. Resilience

- Craft sticks (one per child)
- Glue
- Chart paper
- Markers, crayons

THEME 4: UNDERSTANDING OTHERS

UNIT 11. Perspective Taking

UNIT 12. Empathy

- Chart paper

THEME 5: CHANGEMAKER

UNIT 13. Kindness

- Clipboard
- Char paper
- Strips of paper
- Glue

UNIT 14. Compassion

- Small class pet OR flower seeds

UNIT 15. Hope

- Pictures of community helpers/careers (not included in resources)
- Picture of each child's face
- Glue
- Crayons