

Therapeutic Services

Therapy for Children and Adolescents: Our licensed therapists specialize in family, individual, play and group therapy. Because each situation is unique, our therapists utilize a variety of mental health treatment approaches. Sometimes this might include working individually with a therapist or for others, one of our group programs may provide the best path for healing. During the first appointment, we talk with families about their concerns, hopes for the future and the kinds of programs we offer that might be a good fit.

Early Childhood Assessments: We offer developmental evaluations for young children, ages 0 to 6. These evaluations are conducted by a licensed psychologist, oftentimes with a student training to be a psychologist. These are designed to answer common questions about a child's development, including whether a child has a learning difference, autism, developmental difference or challenges with behavioral regulation.

Parent Education: Momentous Institute provides a variety of parent education classes which take place on-site at Momentous Institute as well as in the community. We are currently offering parent education classes online. Please contact us for a current list of classes. We also invite community organizations and schools interested in classes at their own location to contact us. Please call 214-916-4000 and ask to speak to our Parent Education coordinator.