



My
First
Day of
School

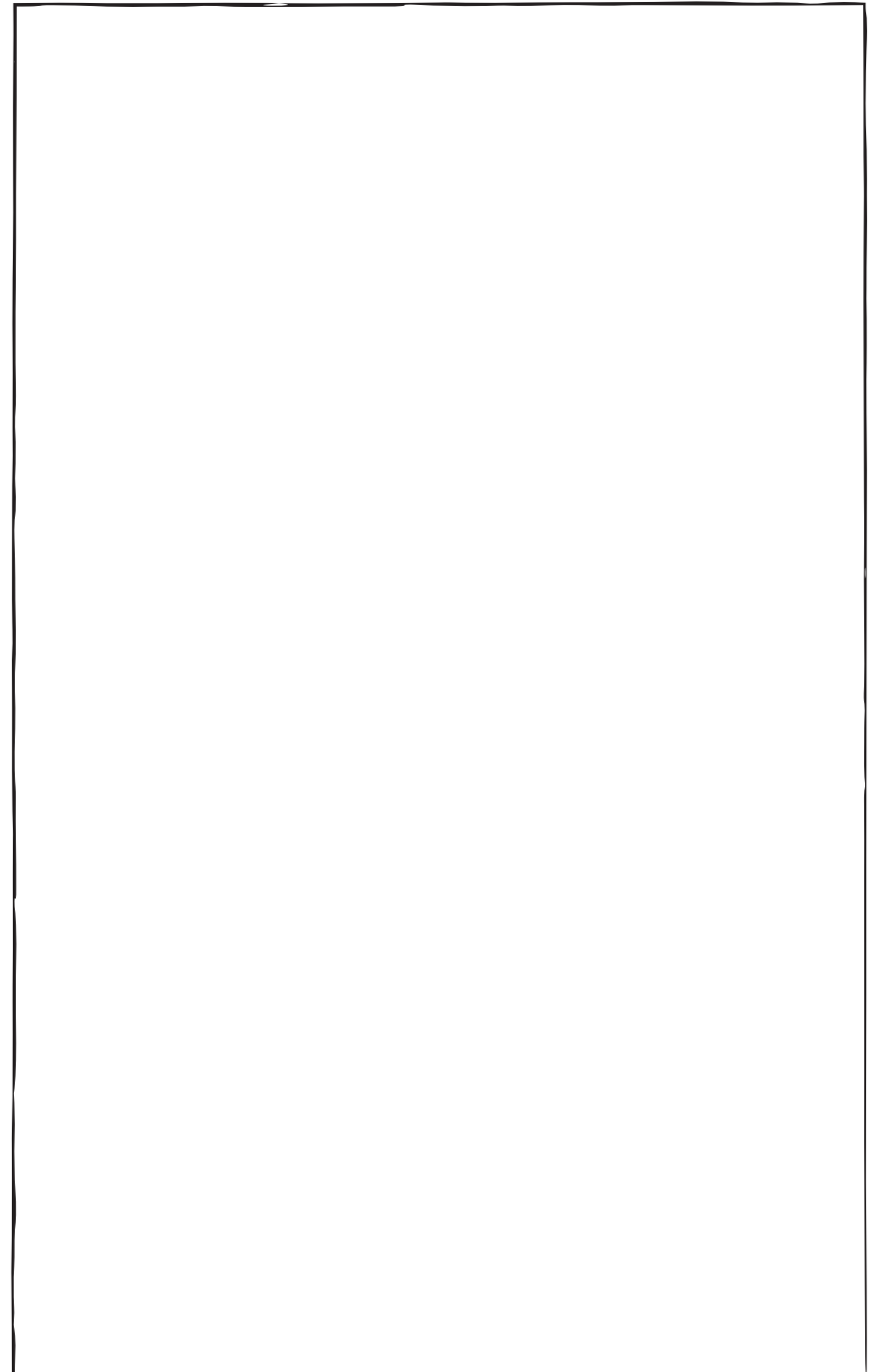


Note to Adults:

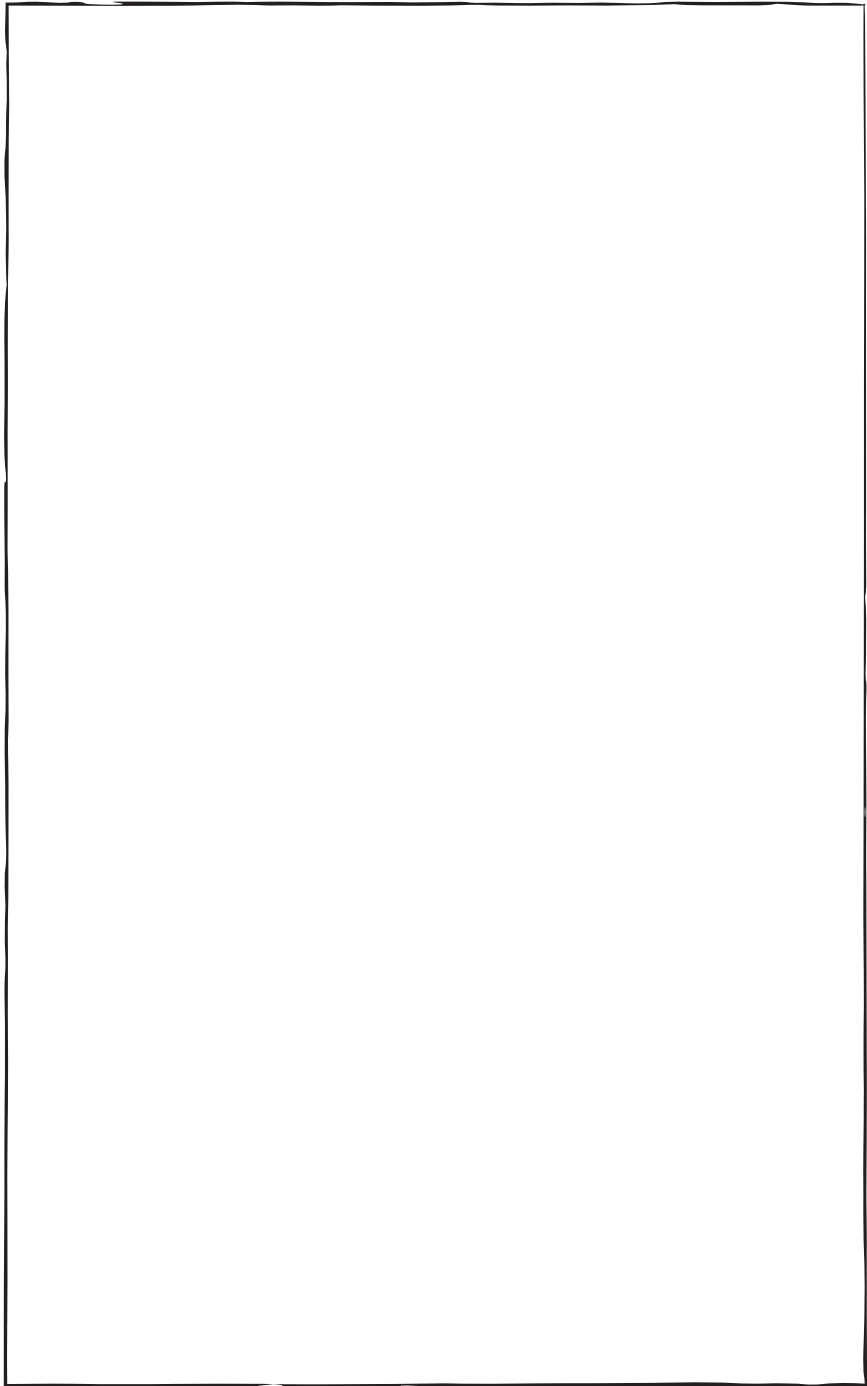
For kids who are anxious to start school, preparation is key. Before the first day of school try practicing a normal morning routine, visiting the school and meeting the child's teacher, if possible. Then use this guide to create a little book. Writing or drawing about the experience will help a child solidify what they've learned during this preparation period. Have the child look through the book in the week leading up to the first day to give them a sense of comfort that they know what to expect.

To create the book: Print double-sided along the short edge. Fold the pages along the lines, punch holes where indicated and tie string or yarn to bind the book.

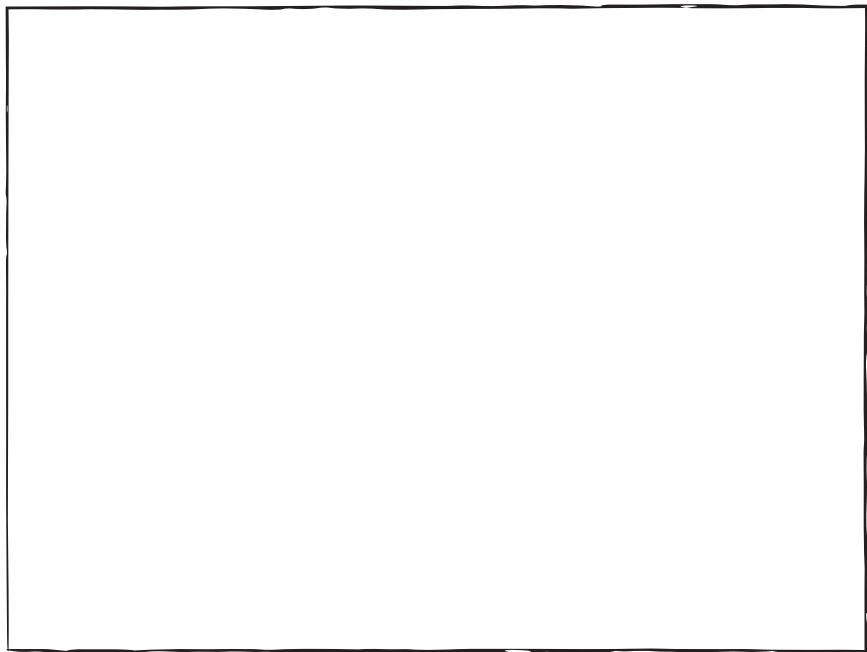
Here's what my classroom looks like:



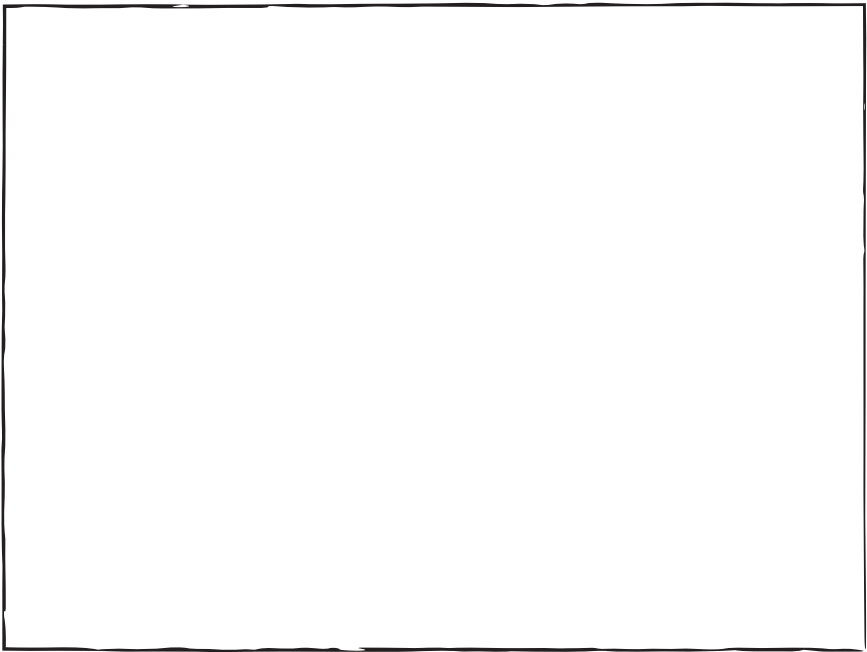
Before I leave for school, I...



Here’s what I see on my way to school:



Here’s what my school looks like:



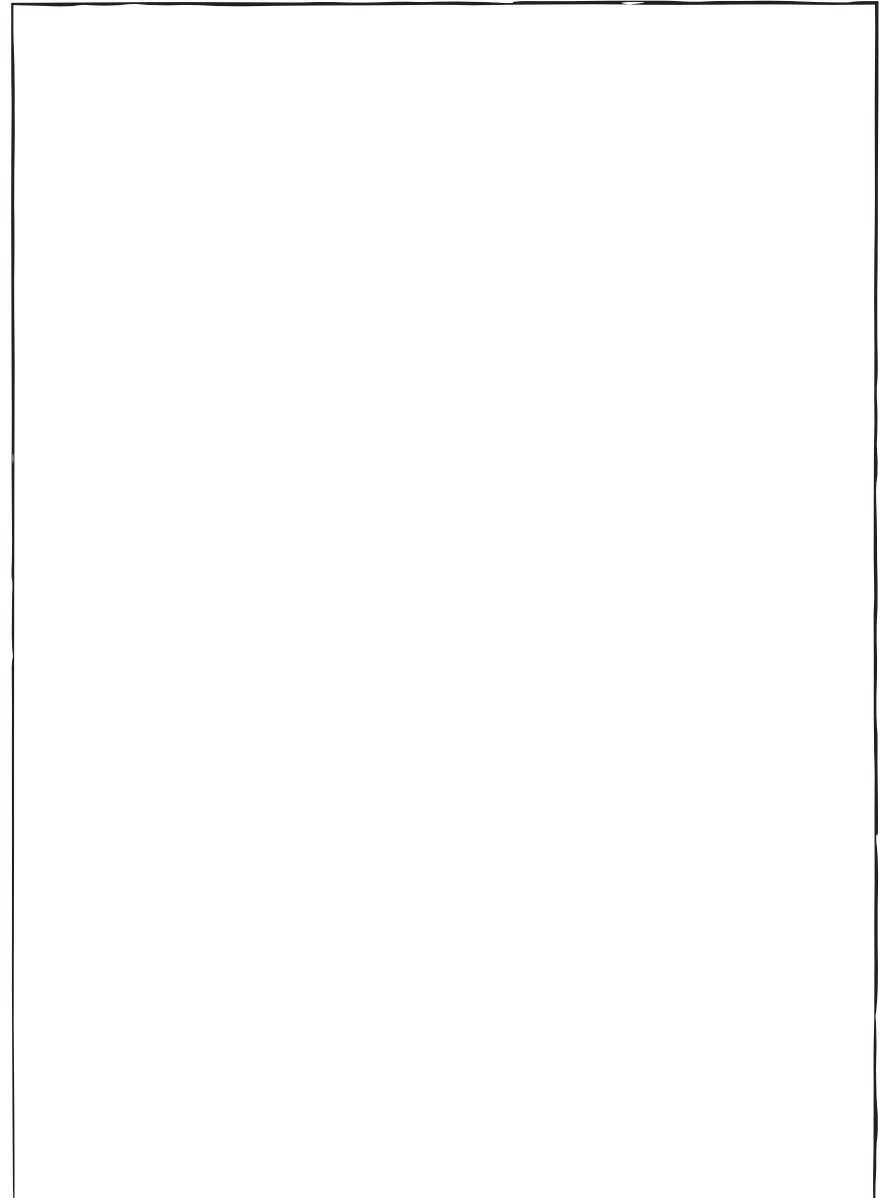
My teacher is:

One thing I know about my teacher is:



Today is my first day of school! I will meet new people and learn new things!

Here is what I do first when I wake up:



My First Day of School Book

INSTRUCTIONS

1. Print book pages double-sided along the **short** edge
2. Fold pages along the lines and arrange in order
3. Punch holes where indicated
4. Tie string or yarn to bind the book



Est. by Salesmanship Club of Dallas